

BOOKISH MAGAZINE

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Book sale March 7 to March 13

Free, 99 cents, and \$1.49 eBooks

How to make fudge soup

Why does your cat smell your face?

Insecure men fear strong women

Badass cats

Books worth reading in 2021



MARCH 2021

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Articles:

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Dangerous herb-drug interactions

Also:

Books worth reading in 2021

March 8
International
Women's Day



March 14
Daylight saving
begins



March 17
St. Patrick's
Day



March 20
First day
of Spring



The Author Gang

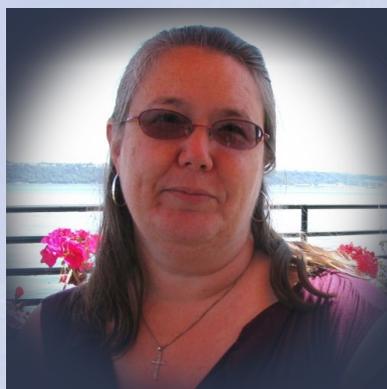
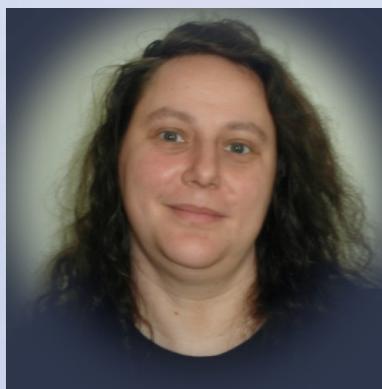


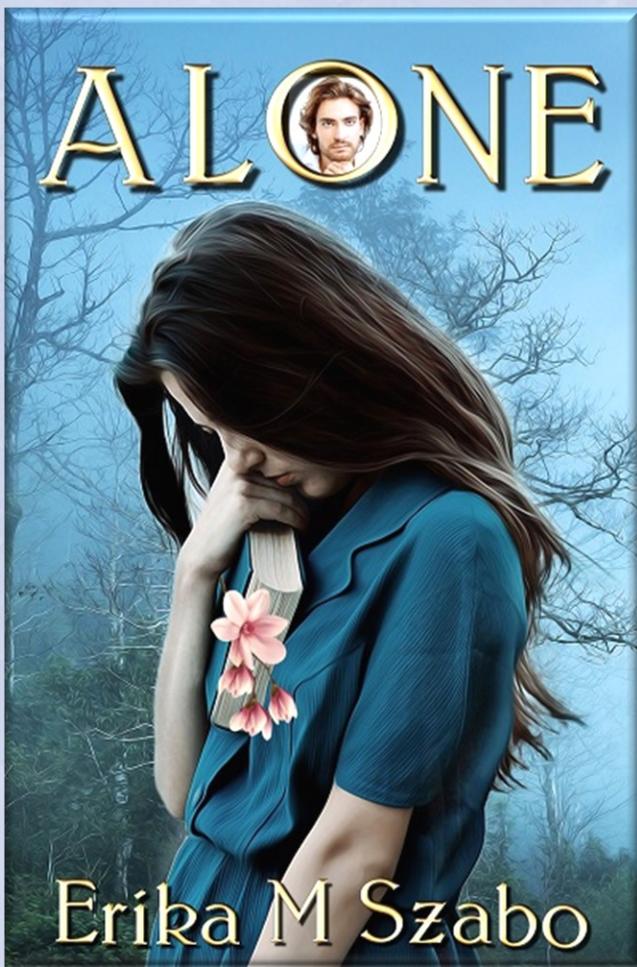
The Author Gang is back!
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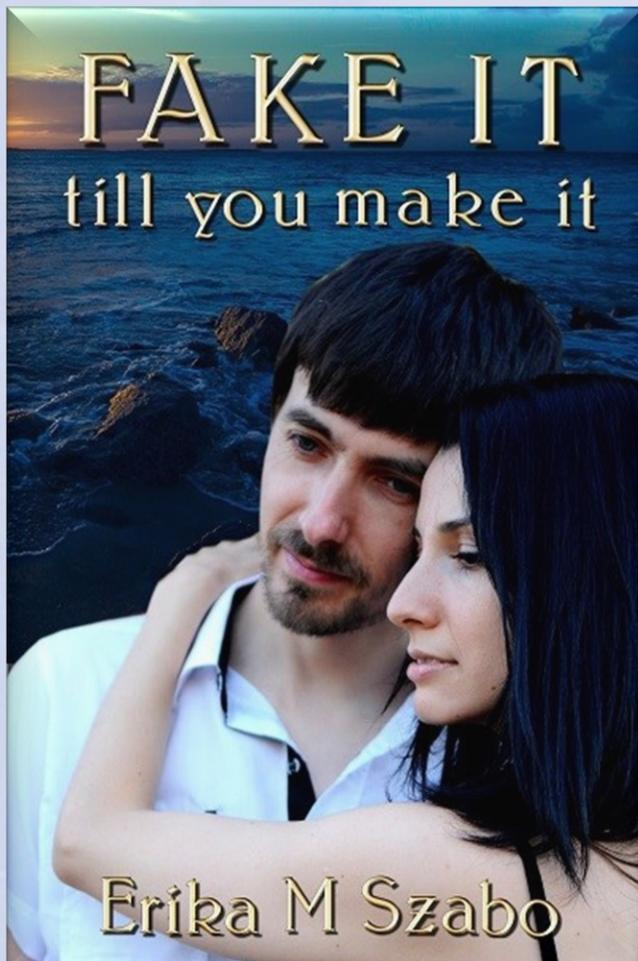


Dystopian romance novelette.

Caleb lost his soulmate, Valerie. Could it be possible to find her in a parallel universe? If his father succeeds to open the portal, will he find the same person in the alternate universe or a stranger? How far is he willing to go in finding the happiness he lost? Will he find his soulmate, Valerie?

FREE

March 7 - 13



Unconventional family romance

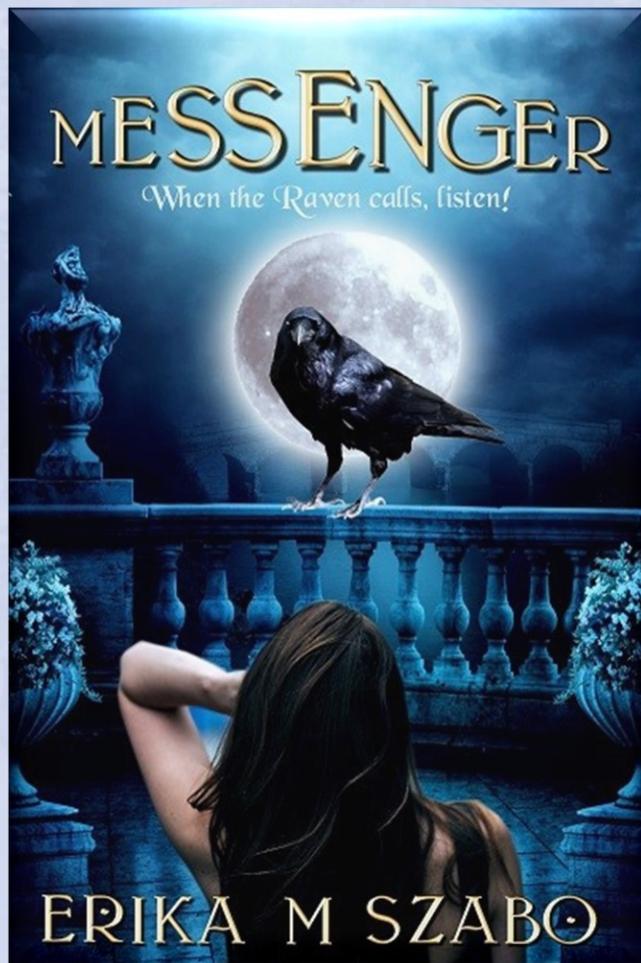
Nancy arrives home from a long day at work. She kicks off her high heels and walks into the kitchen. Bruce lights the candles on the dinner table and embraces her in a warm hug. Seems like a happy home, isn't it? Their family is a little different than the accepted norm. See how much heartache they endured while building their happy home.

People are not perfect, and we all come with baggage.

We can live a happy life or create a chaotic life. It all depends on the choices we make.

FREE

March 7 - 13



A cozy supernatural thriller

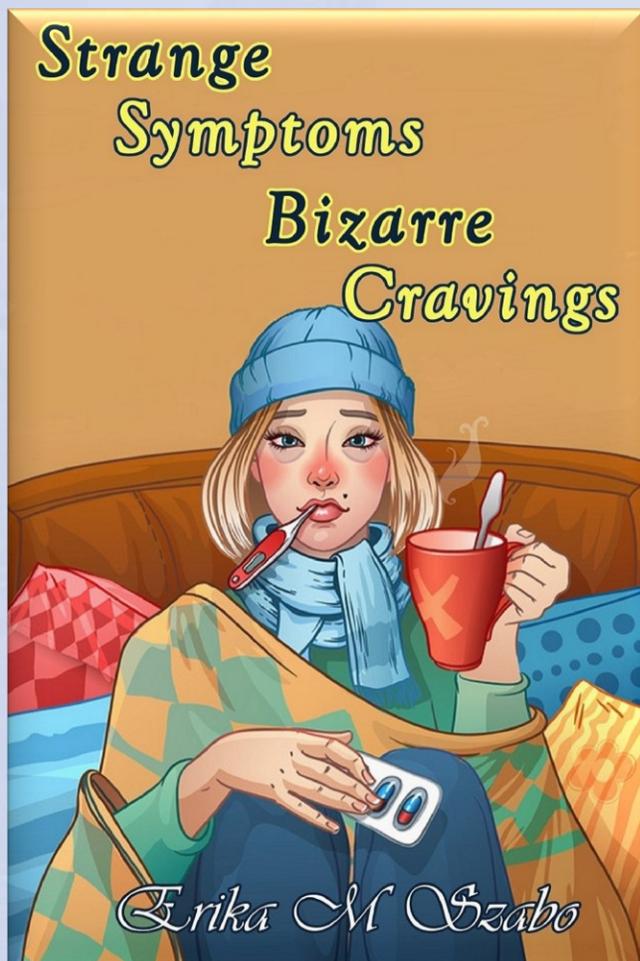
Lauren has everything she'd ever wished for. Great career, financial security, loving husband, and devoted friends.

When her Raven spirit guide warns her of impending danger, she takes the omen seriously, but she doesn't have enough time to perform the protection spell her grandmother taught her. Someone breaks into her office and after the brutal attack and the Raven's repeated warnings, she knows her life is still in danger.

Who wants her dead and why?

FREE

March 7 - 13



Self-help

The symptoms, our body's signals of diseases and conditions, are fascinating. This book contains unusual symptoms, strange food cravings, vitamin deficiency and overdose symptoms. Also, a list of foods that keeps your body healthy as well as easy, whole body detoxification methods. The main purpose of this book is to urge you to pay attention to the signals that your body is sending you.

FREE

March 7 - 13



Why does your cat smell your face?

Although a cat's sense of smell is not as good as a dogs' but it's far better than a human's. Like dogs, cats use their sense of smell to gather information, including information about us.

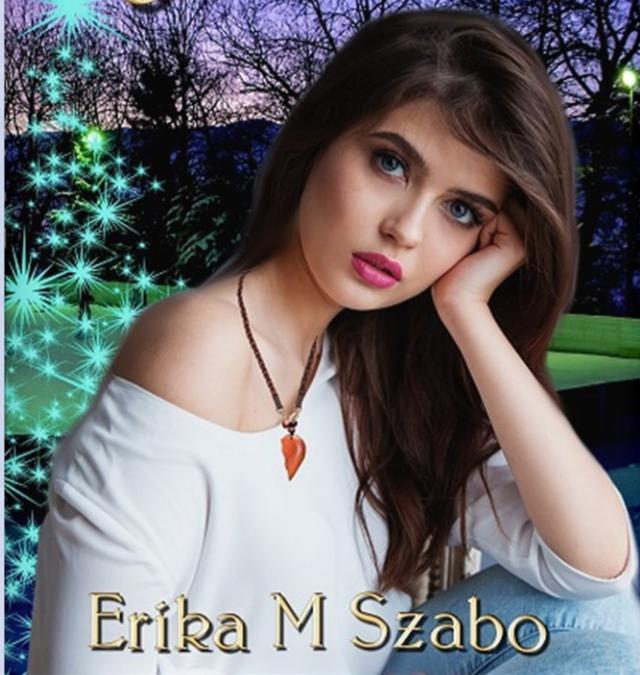
When your cat sniffs your face and breath, they're simply memorizing your scent. They recognize your scent and find it comforting.

But why are they doing it every day or even a few times a day?

Cats rely heavily on their strong sense of smell to give them information about food, prey, and their general surroundings. Sniffing you often tells them a lot about your diet, the cosmetic and personal care products you're using, and your unique skin chemistry. Memorizing your scent also helps them to build trust and familiarity, so let your cat sniff away!

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Recuerdos agridulces



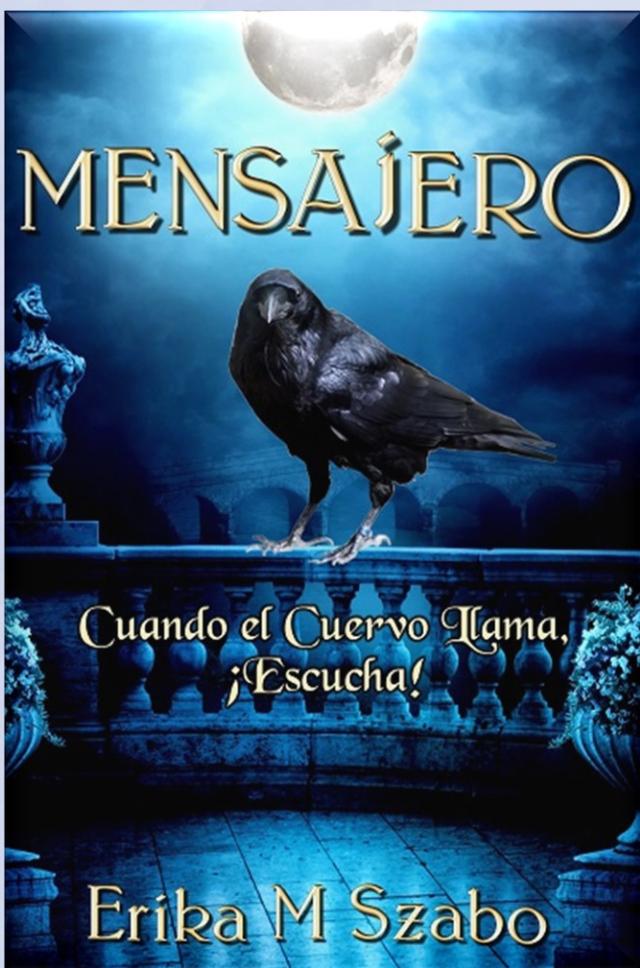
Erika M Szabo

Novela dulce romance

Nacida de una madre drogadicta y abandonada en los escalones de la iglesia, la vida de Elana fue una puerta giratoria de esperanzas y decepciones destrozadas. Hasta que conoció a Luca. Pero el destino cruel los destrozó. ¿Se encontrarán de nuevo?

99 cents

March 7 - 13



MENSAJERO

Cuando el Cuervo Llama,
¡Escucha!

Erika M Szabo

Una acogedora novela de suspenso sobrenatural

Lauren tiene todo lo que siempre había deseado. Gran carrera, seguridad financiera, esposo amoroso y amigos devotos.

Cuando su guía espiritual Raven le advierte del peligro inminente, ella toma el presagio en serio. Alguien irrumpe en su oficina y después del brutal ataque y las repetidas advertencias del Cuervo, ella sabe que su vida está en peligro.

¿Quién la quiere muerta y por qué?

99 cents

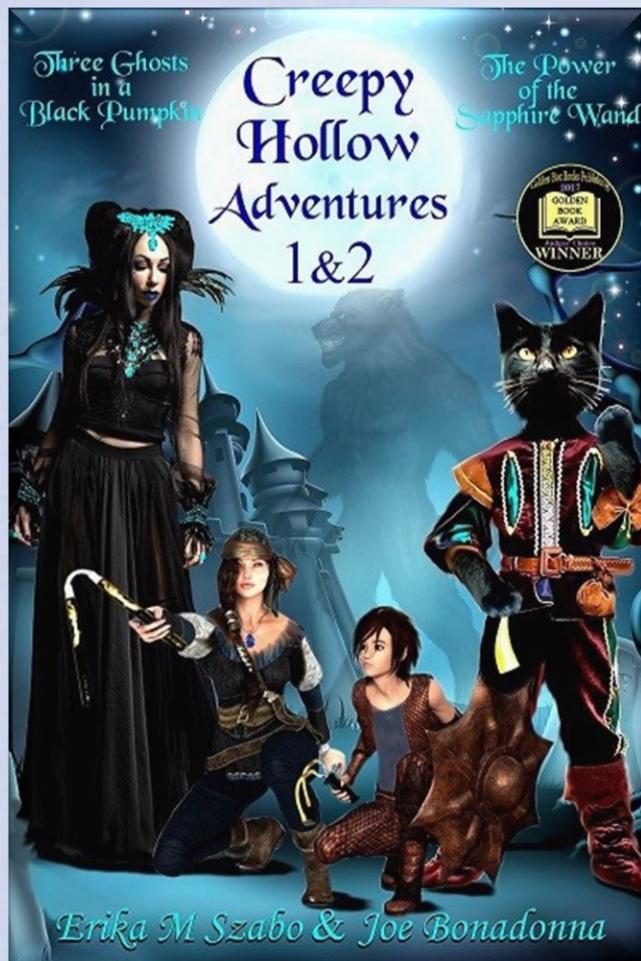
March 7 - 13



Cozy, small-town suspense.

When Danielle finally quits her boring accountant job and opens an Antiques & Stuff store, her life changes for the better. But soon, her happy life starts to spin out of control when the snobbish new owner of the Couture mansion brings a seemingly worthless painting into her shop. The ownership of the painting is questionable, and the town's future is threatened by the plans of the ruthless, rich owner.

99 cents **March 7 - 13**



Heroic fantasy series for children 8-14

Righteous motivations drive Jack and Nikki: to protect the weak, confront evil, conquer their fears, and gain courage. Nikki and her impish cousin, Jack, find a mysterious black pumpkin in the forest on Halloween. A wise talking skeleton, Wishbone, tells them that the ghosts of the Trinity of Wishmothers are trapped inside. The children offer their help, so the skeleton takes them on a journey to the realm of Creepy Hollow to retrieve the three wands he hid long ago.

99 cents **March 7 - 13**

Cindy's fudge soup

I love fudge!

Creamy chocolate peanut butter is my absolute favorite! I have a recipe that makes it perfect. Not too sweet, not too chocolatey, just the ideal blending of flavors, and so smooth. Maybe you have the same one as I do, it is the recipe from the Hershey's cocoa can, then you add peanut butter with the regular butter.

I am almost 64 years old, so you know I have had this recipe for a very long time. Unfortunately, my success with it is not impressive. **I swear the recipe was created by the devil himself.** It is touchier than a porcupine in a minefield. If not for the few times I have created this masterpiece, I would have chucked it and gone on with life. But the victories are so delicious!

Usually, I end up with chocolate peanut butter soup

It tastes ok but somehow a spoon of fudge just doesn't fulfill my cravings. The cost of ingredients makes tossing it impossible, so I have found ways to use this fail besides eating it by the spoonful.

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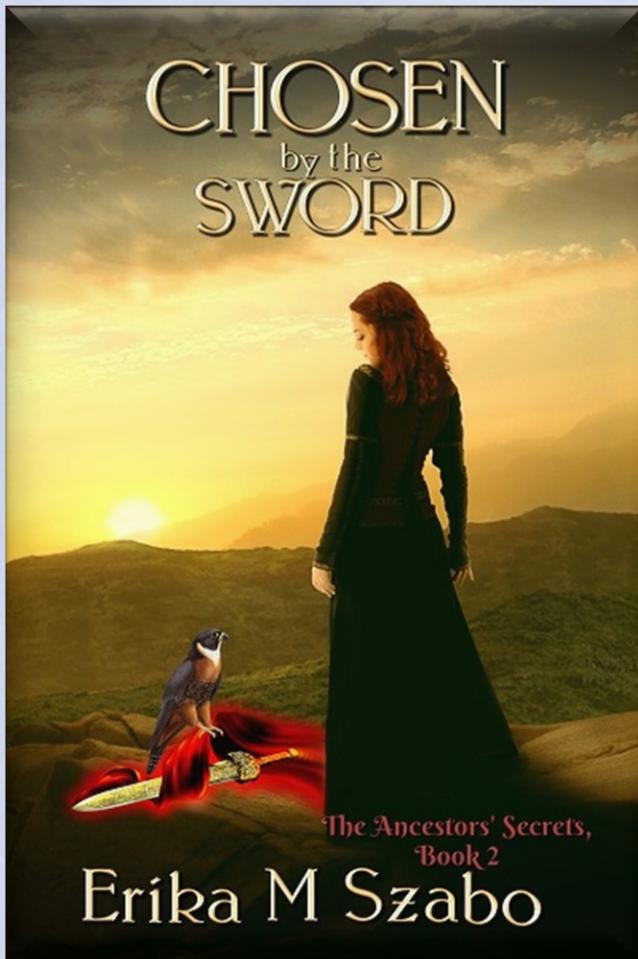


Epic fantasy, book 1

Ilona resigns to live the simple life of a small-town doctor, but her life goes into a tailspin on her birthday. She finds out she was born into a secretive, ancient clan still hidden among us. She starts to develop unusual powers which she finds exciting as well as frightening. She can slow time and heal with her touch, but how and why? She struggles to find answers, but those who try to reveal the clan secrets are severely punished.

\$1.49

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Epic fantasy, book 2

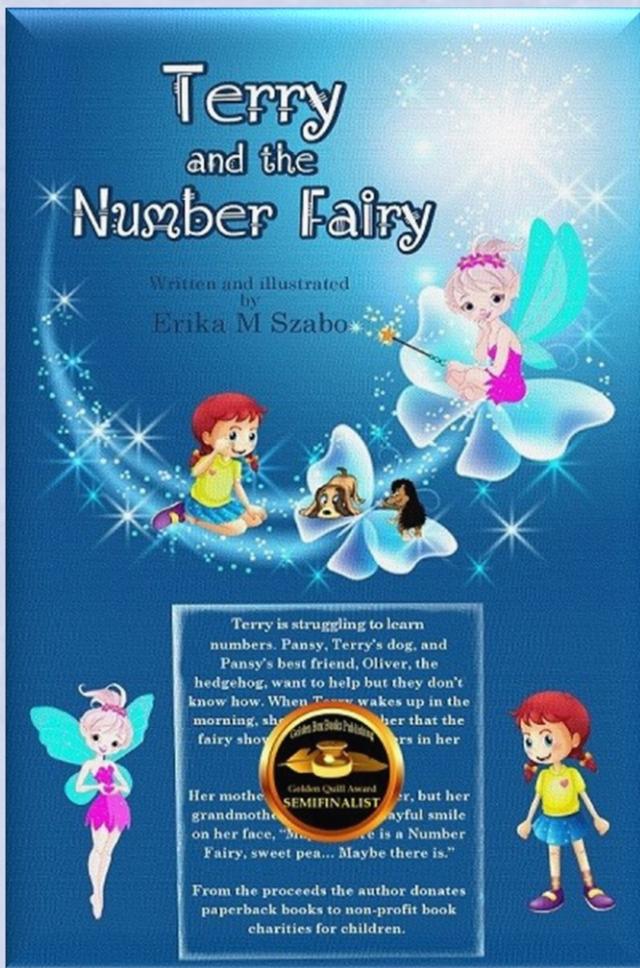
The Hunor legend lives on in book two as Ilona continues to seek out ways to develop her unusual powers while practicing as a small-town doctor.

The spirits of the clan come to Ilona's aid with answers to the clan's secrets and the key to helping her maintain her sanity amidst the fear of danger lurking everywhere as she tries to succeed.

She must ensure the birth of the Chosen Child in the 4th century in order to save the future of the Hunor Clan.

\$1.49

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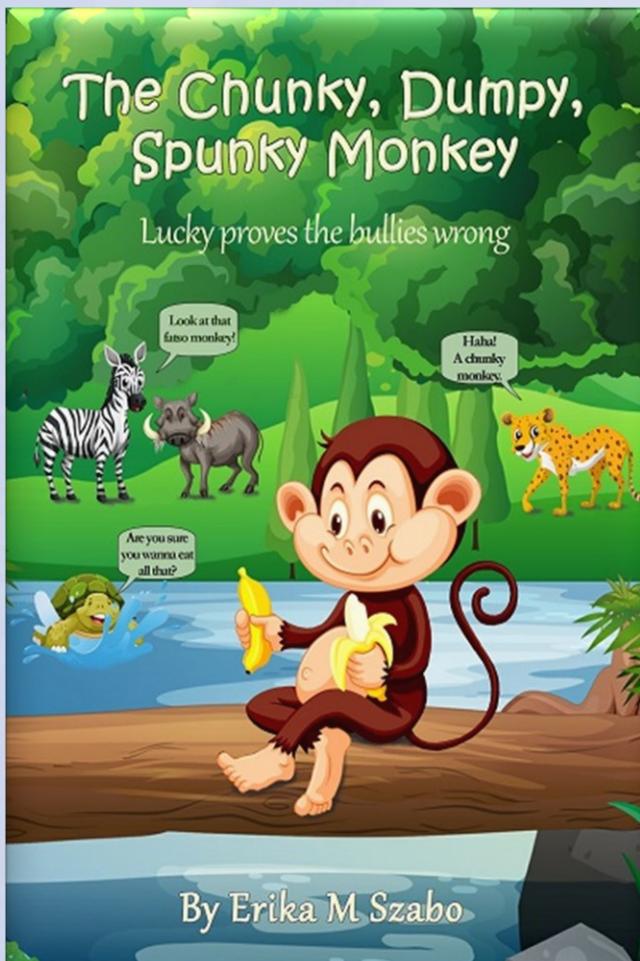


Children's picture book for ages 2-6

Terry is struggling to learn numbers. Pansy, Terry's dog, and Pansy's best friend, Oliver, the hedgehog, want to help but they don't know how. In the morning, Terry tells her mother that the fairy showed her the numbers in her dream. Her mother doesn't believe her, but Grandma says, "Maybe there is a Number Fairy, Sweet Pea... Maybe there is."

FREE

March 7 - 13



A read to story for children 4-7 and read alone for ages 8-10

They said she was a dumpy, chunky, silly, scaredy, grumpy, clumsy monkey. Lucky was sad but instead of feeling miserable, she chose to listen to her friend who knew her and said that Lucky was a lovely, cuddly, bubbly, spunky monkey."

99 cents

March 7 - 13

Badass Cats



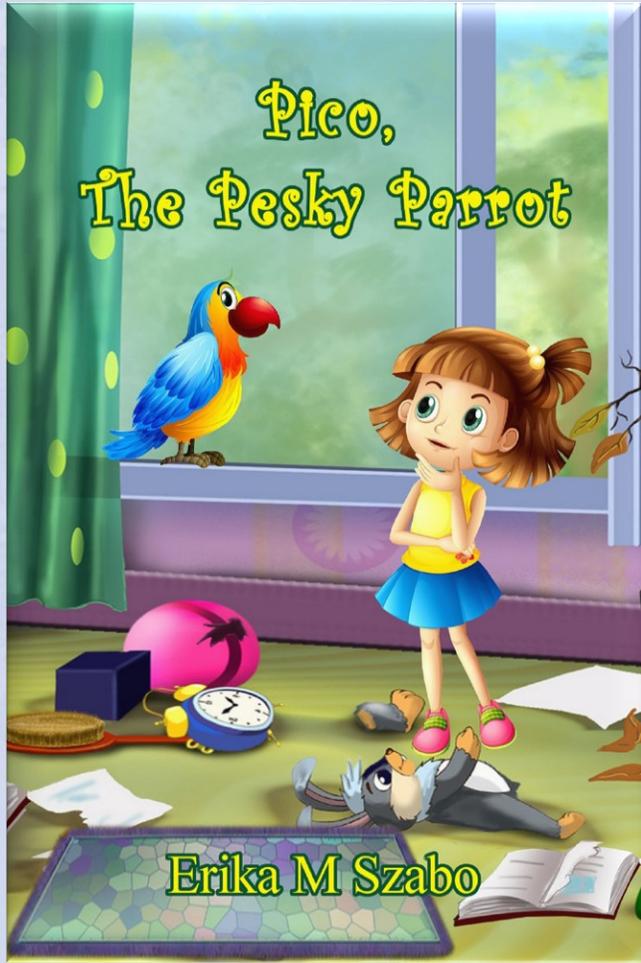
A friend came to visit with his big bully Rottweiler. He attacked our gentle-natured dog to show her who's boss when he wasn't securely tied up on the leash.

That day Carl didn't have time to put the leash on as the dog bolted out of the car knocking him to the ground. I watched in horror as my dog cowered and tried to hide behind my hubby.

Suddenly, we heard a loud meow. I saw my fearless cat, Miau, charging like a bullet toward the approaching Rottweiler. She pounced, let out a furious growl, and sank her needle-sharp claws into the huge dog's face.

The Rottweiler let out a painful cry and tried to shake the cat off his face. Miau wouldn't let go and kept growling and biting the dog's nose.

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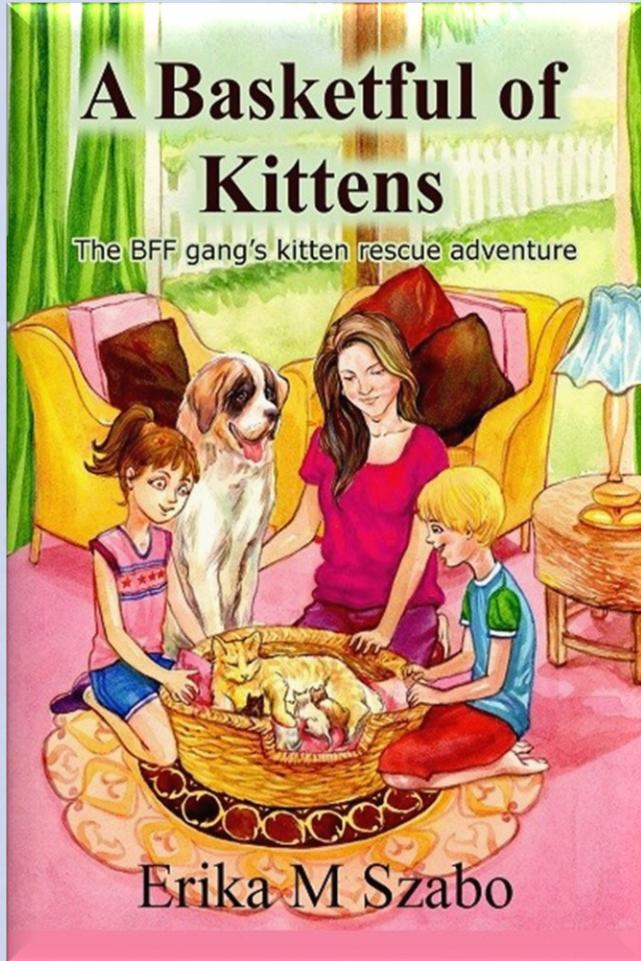
Bilingual children's book for ages 4-10

Pico, the parrot, is sad and frustrated. He screeches and squawks all day but because he speaks Spanish, nobody understands him. His story teaches children acceptance, compassion, and helping others.

The purpose of this English and Spanish bilingual book is to show children the beauty of another language and that learning a new language doesn't have to be boring, it could be fun.

\$1.49

March 7 - 13



Storybook for children 4-12

In memory of Little Johnny. When Bianca, Daniel, and Peanut, the St. Bernard, are confronted by Mark and his cronies, the children stand up to the brute bullies with the help of Peanut. Their adventure continues when they see a woman throwing four tiny, meowing kittens into the river. Can the BFFs save them? Find out what happens to the kittens.

Bianca and Daniel stand up to brute bullies and when they see a woman trying to drown kittens in the river, they save them with the help of Bianca's dog.

\$1.49

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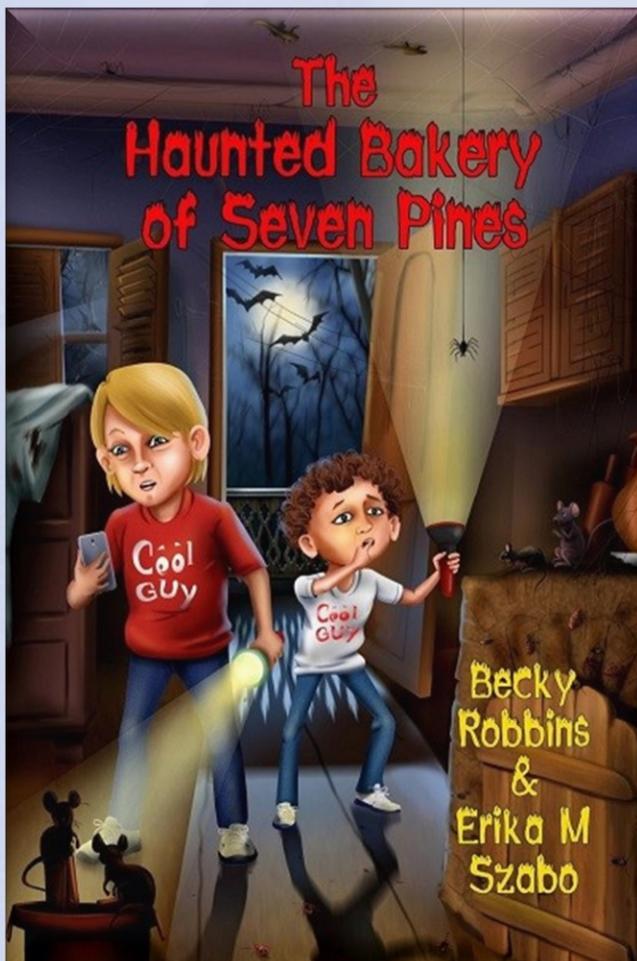


Storybook for children 4-10

When Grandma Rosa lost her hearing, Sandra finds a website for hearing impaired people that explains how deaf people communicate. They start learning sign language and to “talk” with their fingers. This fun storybook carries an important message to children, how to learn not to judge or make fun of anyone just because they’re different. The life of any disabled person is no fun and living with a disability has many challenges, but we can help to make their life easier and not harder.

\$1.49

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Storybook for children 4-10

According to the hundred-year-old legend, children disappeared in Seven Pines every year to never be found again. Best friends Albert and Timmy were mean bullies, and nobody liked them. One day a group of children that were fed up with the daily torture of name calling and pushing and shoving, dared them to go into the old building at night to see if it's really haunted. Albert accepted the dare and although Timmy had his doubts, he went along with his best friend. What will they find in the old bakery?

\$1.49

March 7 - 13



**Female youth is prized
in our culture**

Our patriarchal society demands that women strive to achieve yet maintain a form that resembles of a young girl. Our bodies must look young, wrinkle and blemish free, a blank slate for a man to claim and use.

Instead of accepting women as they are, most men and even women scrutinize and discard them as never good enough. And the more women strive to conform, the more they give up control of their own bodies.

When a 35-year-old actress is playing the role of the mother of a 30 years old man in movies, what does it teach young teenagers? It teaches them to judge women by their looks alone.

When people comment on female politician's posts on social sites, sadly, the comments are about how they look and not about what they stand for or achieve.

The truth is that with each fat roll and jiggle you gain as you move forward in time, women get more beautiful as they grow older. Not less.

Female youth is prized in our culture because it doesn't represent as much of a threat and doesn't intimidate insecure men.

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Dangerous Herb-medication interactions

Herbal interactions with prescription medications or other chemicals can:

- interfere with how the drug may be broken down in the body
- enhance side effects of prescription medications
- block the intended therapeutic effect of a drug



BLACK COHOSH (*Actaea racemosa*, formerly *Cimicifuga racemosa*)

Black cohosh is a shrub-like plant found in North America. Black cohosh is often used for menopausal disorders ("hot flashes"), painful menstruation, uterine spasms, and vaginitis. However, prescription drugs broken down by certain liver enzymes may accumulate in the body and lead to toxicity if used with black cohosh. There is concern that black cohosh might also be toxic to the liver and may enhance liver toxicity with certain medications, such as:

- Atorvastatin (Lipitor)
- Acetaminophen (Tylenol)
- May reduce the effectiveness of:
- Amiodarone
- Fexofenadine (Allegra)
- Glyburide, and many statin medications

COENZYME Q10

Coenzyme Q10 is found naturally in the heart, kidney, liver and pancreas, but aging and smoking can deplete these natural stores. CoQ10 is promoted to help heart damage caused by certain cancer medicines and for breast cancer, gum disease, or muscular dystrophy, although robust studies confirming these uses are lacking.

- May decrease the blood-thinning effects of the anticoagulant and increase the risk for a clot.

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<https://plu.us/erikamszabo>

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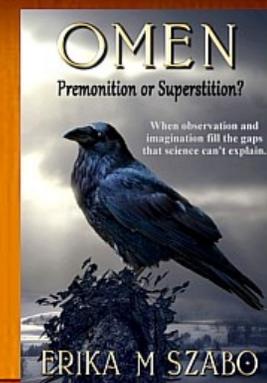
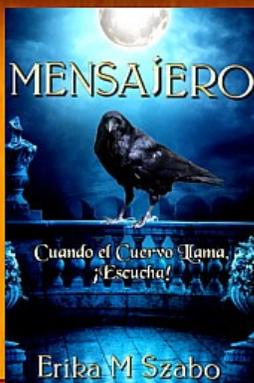
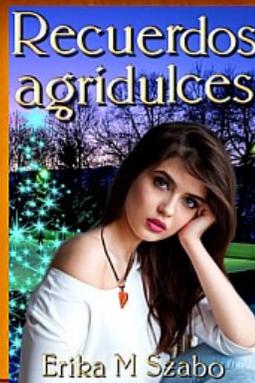
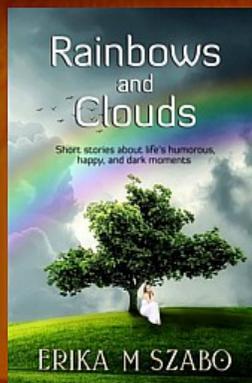
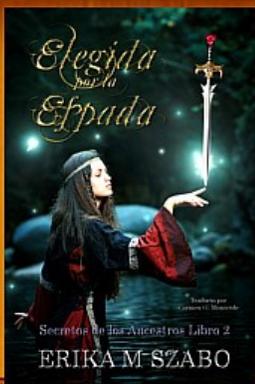
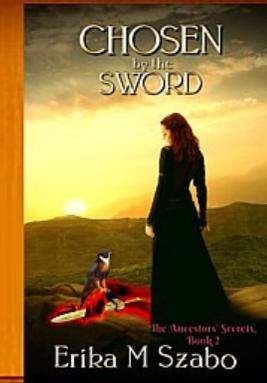
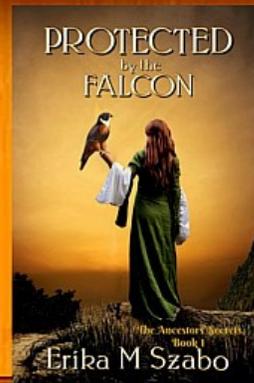
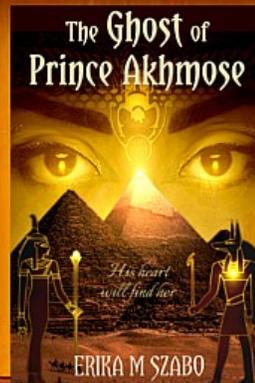
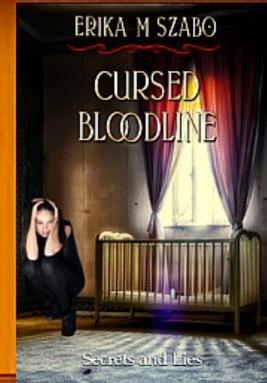
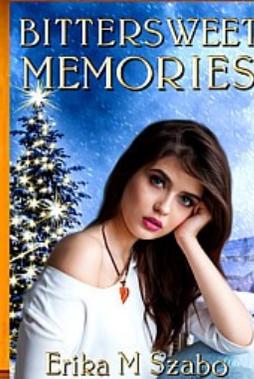
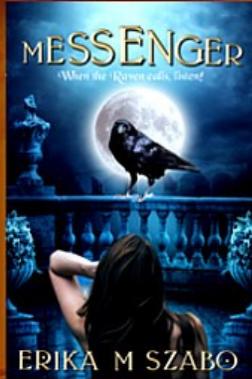
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I write speculative alternate history fiction, romantic urban fantasy, historical suspense, cozy mystery, supernatural, and sweet romance novels as well as fun, educational, and bilingual books for children ages 2-14 about acceptance, friendship, family, and moral values such as accepting people with disabilities, dealing with bullies, and not judging others before getting to know them. I also like to encourage children to use their imagination and daydream about fantasy worlds.

If you'd like to read about my books, visit my website and click on the book pages:

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